



# Weekly Program

For Early Learning Centres, Preschools,  
and Family & Community Centres

## What do we do in our sessions?

- ★ Developmentally appropriate music & movement activities to themed music
- ★ Play a variety of percussion instruments
- ★ Storytelling with colourful props & sensory items
- ★ Basic music concepts such as rhythm and pitch
- ★ Nature inspired songs & rhymes
- ★ Indigenous appreciation and references to Country
- ★ Exploring different languages and cultures
- ★ Safe, inclusive, relaxed & fun environment
- ★ Opportunities for each child to have creative input
- ★ All activities align with the EYLF

## What are the outcomes?

- ★ Confidence building
- ★ Support for cognitive & emotional development
- ★ Fun ways to practice fine motor skills
- ★ Opportunities for the educators at your centre to learn new music- and story-based ways to supplement the curriculum
- ★ Loads of fun!!

## How much does it cost?

Fees typically range from \$130-\$330 per visit depending on your requirements.

I work with the centre to find the best arrangement that supports your budget and specific requirements. For a quote or more info, email [armstrong.jemima@gmail.com](mailto:armstrong.jemima@gmail.com) with your name, the name & location of your centre, and how many sessions (visits to each room) you require per visit.

*"It's so different to the other music groups we've been to.. they just sing the same old songs; this feels much more suitable for babies - thank you so much, my daughter loves it!"*  
- Lara, Brunswick Mum



# Music is so much fun! But how does it support early childhood development?



## Fine motor skills & coordination

Playing instruments involves body coordination, listening to others to create a unified sound, and the fine motor skills needed to grasp clap sticks or wiggle the fingers in finger-play nursery rhymes.

## Language development

Did you know that playing music uses the same parts of the brain involved in learning language? Singing, embracing new melodies, and learning instruments strengthens pathways in the brain for sound processing and comprehension, and we are always learning new words and letters in our songs.

## Introducing basic mathematics

Playing with simple rhythms, and counting and drawing beats on a whiteboard introduces children to pattern recognition, simple addition, as well as the fundamental basics of music notation.

## Listening and teamwork

Music has always been a significant part of human culture. It is a way of bringing the community together, sharing stories and bonding with others. Playing and singing as an ensemble creates a powerful sense of unity, and encourages cooperation and shared expression in a playful and loving environment.

## Self confidence & self esteem

Practicing an instrument and seeing yourself improve with practice is wonderfully rewarding, and teaches the value of perseverance. Jamming with Jemma classes also provide opportunities for children to practice their skills in front of others, where they are always met with lots of applause and warm encouragement.

## Early Years Learning Framework of Australia

### Belonging



Family - Friendship  
Community - Safety

### Being



Fun - Play - Challenges

### Becoming



Discoveries - Learning  
Identity

